

Name: \_\_\_\_\_

## What Are Nightmares?

A nightmare is a scary dream that can make you feel afraid. Nightmares can happen to anyone, even adults. They often come when you are asleep at night and can feel very real. Sometimes, you may wake up feeling worried or upset because of the dream.

It is normal to have fears, and many children are scared of the dark or noises they hear at night. These fears are a part of growing up and learning about the world. You can talk to someone you trust if you have a nightmare. Talking can help you feel safe and calm again.

Remember, nightmares are just dreams. They cannot hurt you, and you are safe in your bed.



Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

### What Are Nightmares?

A nightmare is a scary dream that can make you (10)  
feel afraid. Nightmares can happen to anyone, even (18)  
adults. They often come when you are asleep at (27)  
night and can feel very real. Sometimes, you may (36)  
wake up feeling worried or upset because of the (45)  
dream. (46)

It is normal to have fears, and many children are (56)  
scared of the dark or noises they hear at night. (66)

These fears are a part of growing up and learning (76)  
about the world. You can talk to someone you trust (86)  
if you have a nightmare. Talking can help you feel (96)  
safe and calm again. (100)

Remember, nightmares are just dreams. They cannot (107)  
hurt you, and you are safe in your bed. (116)

### Comprehension Questions:

#### Literal Question:

What is a nightmare?

#### Answer:

A nightmare is a scary dream.

#### Student Answer:

\_\_\_\_\_ Correct \_\_\_\_\_ Incorrect

#### Inferential Question:

Why might talking about a nightmare help you feel better?

#### Answer:

It helps you feel safe and calm.

#### Student Answer:

\_\_\_\_\_ Correct \_\_\_\_\_ Incorrect

#### Vocabulary Question:

What does 'comfort' mean in the passage?

#### Answer:

It means feeling safe and better.

#### Student Answer:

\_\_\_\_\_ Correct \_\_\_\_\_ Incorrect

### Notes:

### Scoring Guide

Text Level: F&P GRL I      Grade Level: 1      Word Count: 116

Total Words Read: \_\_\_\_\_

Errors: \_\_\_\_\_

WCPM: (total words read — errors = WCPM) \_\_\_\_\_

WCPM: Below grade level    At grade level    Above grade level

Prosody: 1   2   3   4

Comprehension: \_\_\_\_\_ / 3 correct

# How to Administer the Fluency Passage Assessment

## Assess Oral Reading Fluency

- Give the student a copy of the passage. **Set a timer or stopwatch for 1 minute.**
- Ask the student to begin reading. As the student reads aloud, assess prosody and mark errors and self-corrections on the evaluation copy using the following guides.
- **Stop the student when one minute has passed.** Take note of the last word the student read.
- Score the passage on the evaluation copy according to the **Scoring Guide**. Use the following chart to compare grade level norms for words correctly read per minute.

Marking Conventions	
Attempted Word = Substitution Error	✓ = Accurate Word Reading
^ = Insertion Error	Attempted Word S/C = Self Correction
— = Omission Error	R = Repetition
— = Omission Error	R = Repetition
T = Intervention Error (telling student the word)	

Prosody Rubric	1	2	3	4
<b>Expression and Volume</b>	monotone or quiet	some expression	appropriate expression	varied, natural expression
<b>Phrasing</b>	word-by-word reading	some phrase groupings	generally smooth phrasing	natural, meaningful phrasing
<b>Smoothness</b>	frequent pauses, starts and stops	occasional breaks	mostly smooth reading	fluent and confident
<b>Pace</b>	too slow or too fast	uneven pace	generally appropriate pace	consistent, conversational pace

Grade Level Norms (WCPM) *							
Grade	Fall	Winter	Spring	Grade	Fall	Winter	Spring
<b>First</b>	0 - 10	10 - 50	30 - 90	<b>Fourth</b>	70 - 120	80 - 130	90 - 140
<b>Second</b>	30 - 80	50 - 100	70 - 130	<b>Fifth</b>	80 - 130	90 - 140	100 - 150
<b>Third</b>	50 - 110	70 - 120	80 - 140	<b>Sixth</b>	90 - 140	100 - 150	110 - 160

\* Rasinski Words Correct Per Minute Target Rates

## Fluency Builder: What Are Nightmares?

### Passage Details

Grade Level: 1

Reading Level: F&P GRL I

Word Count: 116

### High-Frequency Words

anyone, are, have, night, you

### Suggestions for Use

Increase Exposure to High-Frequency Words

- Before reading, introduce the list of high-frequency words in the passage.
- Find the words in the passage. Highlight or underline the words.

Illustrate and Label Extension Activity

- Have students draw and label items mentioned in the passage.

Link to Writing or Discussion

- Encourage knowledge transfer and personal connection by asking:  
"What helps you feel safe when you are scared at night?"  
"Share a time you talked to someone about a bad dream."

Use for Repeated Readings

Day 1: Teacher reads aloud, then echo read

Day 2: Partner reading

Day 3: One-minute fluency timing and WCPM tracking

Day 4: Performance reading (with expression!)