

Name: \_\_\_\_\_

## When Feelings Show on Your Face

Have you ever felt so nervous your cheeks turned red? Our feelings can sometimes show on the outside of our bodies.

For example, when people feel embarrassed, they might blush or their face might feel hot. If someone is scared, their heart might beat fast and their hands might shake. Sometimes, we get butterflies in our stomach when we are worried.

Strong emotions like stress or excitement often cause real changes in our bodies. It's normal for children and adults to have these reactions. It helps to talk about your feelings with family or friends. That way, you don't have to carry those feelings alone. Remember, everyone has emotions, and it's important to take care of both your mind and your body.



Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

### When Feelings Show on Your Face

Have you ever felt so nervous your cheeks turned (9)  
red? Our feelings can sometimes show on the (17)  
outside of our bodies. (21)  
For example, when people feel embarrassed, they (28)  
might blush or their face might feel hot. If (37)  
someone is scared, their heart might beat fast and (46)  
their hands might shake. Sometimes, we get (53)  
butterflies in our stomach when we are worried. (61)  
Strong emotions like stress or excitement often (68)  
cause real changes in our bodies. It's normal for (77)  
children and adults to have these reactions. It (85)  
helps to talk about your feelings with family or (94)  
friends. That way, you don't have to carry those (103)  
feelings alone. Remember, everyone has emotions, (109)  
and it's important to take care of both your (118)  
mind and your body. (122)

### Comprehension Questions:

#### Literal Question:

What can happen to your face when you feel embarrassed?

#### Answer:

Your cheeks might turn red or feel hot.

#### Student Answer:

\_\_\_\_\_ Correct \_\_\_\_\_ Incorrect

#### Inferential Question:

Why is it helpful to talk about your feelings with others?

#### Answer:

It can help you feel less alone and supported.

#### Student Answer:

\_\_\_\_\_ Correct \_\_\_\_\_ Incorrect

#### Vocabulary Question:

What does 'carry those feelings alone' mean in this passage?

#### Answer:

It means dealing with feelings without help.

#### Student Answer:

\_\_\_\_\_ Correct \_\_\_\_\_ Incorrect

### Notes:

### Scoring Guide

Text Level: F&P GRL P Grade Level: 3 Word Count: 122

Total Words Read: \_\_\_\_\_

Errors: \_\_\_\_\_

WCPM: (total words read — errors = WCPM) \_\_\_\_\_

WCPM: Below grade level At grade level Above grade level

Prosody: 1 2 3 4

Comprehension: \_\_\_\_\_ / 3 correct

## How to Administer the Fluency Passage Assessment

### Assess Oral Reading Fluency

- Give the student a copy of the passage. **Set a timer or stopwatch for 1 minute.**
- Ask the student to begin reading. As the student reads aloud, assess prosody and mark errors and self-corrections on the evaluation copy using the following guides.
- **Stop the student when one minute has passed.** Take note of the last word the student read.
- Score the passage on the evaluation copy according to the **Scoring Guide**. Use the following chart to compare grade level norms for words correctly read per minute.

Marking Conventions	
Attempted Word = Substitution Error	✓ = Accurate Word Reading
^ = Insertion Error	Attempted Word S/C = Self Correction
— = Omission Error	R = Repetition
— = Omission Error	R = Repetition
T = Intervention Error (telling student the word)	

Prosody Rubric	1	2	3	4
<b>Expression and Volume</b>	monotone or quiet	some expression	appropriate expression	varied, natural expression
<b>Phrasing</b>	word-by-word reading	some phrase groupings	generally smooth phrasing	natural, meaningful phrasing
<b>Smoothness</b>	frequent pauses, starts and stops	occasional breaks	mostly smooth reading	fluent and confident
<b>Pace</b>	too slow or too fast	uneven pace	generally appropriate pace	consistent, conversational pace

Grade Level Norms (WCPM) *							
Grade	Fall	Winter	Spring	Grade	Fall	Winter	Spring
<b>First</b>	0 - 10	10 - 50	30 - 90	<b>Fourth</b>	70 - 120	80 - 130	90 - 140
<b>Second</b>	30 - 80	50 - 100	70 - 130	<b>Fifth</b>	80 - 130	90 - 140	100 - 150
<b>Third</b>	50 - 110	70 - 120	80 - 140	<b>Sixth</b>	90 - 140	100 - 150	110 - 160

\* Rasinski Words Correct Per Minute Target Rates

## Fluency Builder: When Feelings Show on Your Face

### Passage Details

Grade Level: 3

Reading Level: F&P GRL P

Word Count: 122

### High-Frequency Words

carry, children, don't, example, face

### Suggestions for Use

Increase Exposure to High-Frequency Words

- Before reading, introduce the list of high-frequency words in the passage.
- Find the words in the passage. Highlight or underline the words.

Illustrate and Label Extension Activity

- Have students draw and label items mentioned in the passage.

Link to Writing or Discussion

- Encourage knowledge transfer and personal connection by asking:  
"Describe a time your body showed your feelings."  
"How can you help a friend who feels embarrassed?"

Use for Repeated Readings

Day 1: Teacher reads aloud, then echo read

Day 2: Partner reading

Day 3: One-minute fluency timing and WCPM tracking

Day 4: Performance reading (with expression!)